

Tired of the little boys in your life urinating **ON** the toilet instead of **IN** the toilet?

By using a target, inside of the toilet, your child learns to aim where you want - instead of everywhere else. I like to use Fruit Loops®, or similar cereal, as children can choose different colors and focus on an interesting moving target. In no time you will notice him staying within “target range” - in the bowl.

Follow these easy steps for a “Target Practice” container for your bathroom:

1. Print this Water Bottle Label PDF.
2. Involve your child in this process; encourage him to decorate the label with his favorite colors!
3. Select an empty, and dry, 17oz water bottle - remove the label
4. Cut out the water bottle label and use clear tape (e.g. packing tape) to secure the label to empty water bottle.



5. Fill partially with Fruit Loops® and place in the bathroom. Make sure the bottle is accessible for your child to use!

